

THE MRC CONNECTION

OCTOBER 2009



Peninsula Medical Reserve Corps, 416 J. Clyde Morris Blvd., Newport News, VA 23601

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Welcome New Members
who joined in September:

Amber Boyce

Christopher Harrell

Toni Henry

Matthew Husson

Karole Williams

We are glad to have you!
Please return your
orientation signature page
as soon as possible.

**Special
'Call To Action'
See page 3**



H1N1 – Vaccinating Our Schools and Community: Peninsula MRC and the Health Department Working Together

The H1N1 vaccination campaign is the first opportunity that the Peninsula MRC and the health department have had to really demonstrate that the work of the last few years has been successful. We have good plans that provide the framework for response. The framework is flexible and responsive enough to allow us to move forward with planning for school based and community based vaccinations.

At this writing, we intend to have several school based clinics where the school system will do most of the paperwork and we will have small teams providing the actual vaccinations. MRC volunteers working alongside Public Health personnel will begin to have an impact on the total number of school age children. The community based events will be built around a school or community center facility and occur late afternoon into the evening. The alteration of work schedules will be a component in the effort.

Like most of the activities that we plan for, the planning process is useful even though the event itself is unique. We appreciate your volunteering not just for the program, but for your community and your neighbors. On behalf of the entire department, I thank you.

Kevin G. Pearce, MPA
Emergency Planner
Peninsula Health District
Virginia Department of Health
416 J. Clyde Morris Blvd
Newport News, VA 23601
757.594.8787 (o)
757.594.7714 (f)
757.592.1525 (m)

Please see page 3 for the H1N1 'Call to Action'
2009 the Peninsula MRC's Year of Preparedness

Volunteers Protecting the Health of the Peninsula

Hampton Health District Hosted Rabies Clinic

On the anniversary of Hurricane Katrina, and on the heels of Tropical Storm Danny, PenMRC volunteers gathered at the Hampton Health Department who hosted a Rabies Clinic on August 29. The Peninsula MRC volunteers Dr. Sam Tate, DVM, Katherine Rahman, Beth Siegler and Tammy Whitaker joined the Peninsula Health Dept volunteers Amy Pemberton (vet tech) and Stephen Brown. This was truly a collaborative effort with volunteers from:

- Community Animal Response Team members Tannis Mowery, Diane Payne, Diana Curtis, Charles Curtis, and licensed Vet Tech, Catherine Sutton
- City of Hampton Treasurers Office members Sara Ruch, Joy Mautz, and Jauwan Parks to provide dog and cat licenses
- Gary and Lynn Arway from HPD and Hampton Animal Services
- Tracy Hanger, Hampton Emergency Preparedness
- Roger Lee of Hampton CERT

The MRC thanks Dr. Berg, Director Hampton Health District and Cort Jensen, EP&R Coordinator for providing space for the clinic and for ***being with us on Saturday.***



Dr. Sam Tate reviews how to complete a vaccination registration form with (from l-r) Tannis Mowery, Diane Payne, and Diana Curtis



Tammy Whitaker and Diane Payne take dog and cat registrations



Katherine Rahman assists with a cat



Amy Pemberton vaccinates the first cat of the day

Dr. Burg (left) accompanies Dr. Tate as he vaccinates Chase, the first dog of the day to receive the rabies vaccine



Hanna watches cautiously from the end of the tent as her dog Malaysia gets vaccinated by VetTec Catherine Sutton

Sara Ruch hands Sabrina, sister Hanna, and dad preparedness materials



A total of 11 cats and 72 dogs were vaccinated. The important statistic is 55% of the cats and 65% of the dogs received the rabies vaccine for the first time. The Rabies clinics provide a significant community outreach event for the MRC volunteers and the Health Departments. Many of the animals vaccinated at the clinics would usually go without the rabies vaccine and thus pose a health risk to the community.

Thank you to all who volunteered your time – a total of 22.5 hours of PenMRC volunteer hours.

The next Rabies Clinic is October 3 in Newport News. We hope you will join us!!

PMRC Training Calendar

Course/Event	Date	Time	Location	Instructor
CPR for Health Care Providers	Tuesday October 6	8:00 AM – 1:00 PM	Mary Immaculate Hospital Health Education Room Newport News	PHD To Register call Teresa 594-8045
Basic SKYWARN	Tuesday October 6	6:00 PM – 9:00 PM	Peninsula Health District Auditorium Newport News	NWS - To Register call Teresa 594-8045
Flu Mist – How to administer	Wednesday October 7	9:00 AM	Peninsula Health District Conference Room 1	PHD Registration via email training alert
CPR for Health Care Providers	Tuesday October 20	8:00 AM – 1:00 PM	Mary Immaculate Hospital Health Education Room Newport News	PHD To Register call Teresa 594-8045
CPR for Non-Medical	Monday October 26	8:00 AM – 1:00 PM	Mary Immaculate Hospital Health Education Room Newport News	PHD To Register call Teresa 594-8045
Mass Casualty Incident Management	Saturday November 7	9:00 AM – 5:00 PM	Tidewater EMS Council 6253 Center Dr. Norfolk, VA 23502	Register at www.hrmms.org

CALL TO ACTION - H1N1 – Preparing and Protecting our Communities

THE PenMRC and Peninsula Health Center **is counting on PenMRC volunteer help**. When vaccine becomes available to the Peninsula Health Center in mid-October, the plan is to administer about 20,000 doses of vaccine in the first two weeks. Most of the effort will be focused on children and youth through partnerships with the schools in the district. It is also expected that a larger number of patients will come to the Peninsula Health Center to get vaccine, too. Vaccine will also be available through physician offices and hospitals, and eventually through community pharmacies, but the health department will have a big role at the beginning of the vaccine campaign. Although we will be giving H1N1 vaccine for the next several months, it is expected that the high level of activity in the community and the health department will last for four weeks.

20,000 doses in two weeks is a lot of vaccine! The goal is to have 300 qualified PenMRC volunteers onboard to help PHC staff vaccinate. You must be a Doctor, Physician's Assistant, RN, LPN, Nurse Practitioner, Dentist, or Pharmacist with a CURRENT UNENCUMBERED Medical License in order to give a vaccine. If you have not updated your information (i.e. medical license, and email address) in the Virginia Volunteer Health System (VVHS) volunteer tracking database, please do so immediately at <https://vms.vdh.virginia.gov/vms/default.jsp>. If you do not remember your password, please select 'forgot password' from the left hand frame of the website. Your password will be reset.

Then please watch for and respond to the VVHS alert(s) message that you will receive via email and let us know of your availability.

Also, if you know of someone who is a Doctor, Physician's Assistant, RN, LPN, Nurse Practitioner, Dentist, or Pharmacist with a CURRENT UNENCUMBERED Medical License who can give a vaccine, please direct them to <https://vms.vdh.virginia.gov/vms/default.jsp> to register as a new volunteer as soon as possible.

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
	<p>OCTOBER 2009 - H1N1 Training</p> <p>Get trained now.</p> <p>Please contact Teresa.Blakeslee@vdh.virginia.gov or 757-594-8045 to register for remaining classes.</p> <p>We still have room in these classes.</p> <p>Unless there are 5 registrants, classes will be cancelled.</p>			1	2	3 <p>*Point of Dispensing Training Peninsula Health District 416 J. Clyde Morris Blvd. Newport News Auditorium 9am-10am</p> <p>*Preparedness Training Peninsula Health District 416 J. Clyde Morris Blvd. Newport News (Auditorium) 10:30 – 12pm <i>Newport News</i></p>
4	5	6	7	8	9	10
11	12	13 <p>*Shelter Operations/Shelter Simulation Part I of II American Red Cross Hampton Roads Chapter 4915 W. Mercury Blvd. Hampton 6pm-9pm <i>Hampton</i></p>	14 <p>*Shelter Operations/Shelter Simulation Part II of II American Red Cross Hampton Roads Chapter 4915 W. Mercury Blvd. Hampton 6pm-9pm <i>Hampton</i></p>	15 <p>*Psychological First Aid Peninsula Health District 416 J. Clyde Morris Blvd. Newport News Auditorium 6pm-8pm <i>Newport News</i></p>	16	17
18	19	20	21	22	23	24
25	26	27	28	29	30	31

Volunteers Protecting the Health of the Peninsula

Community Outreach Events

Rabies Clinic	Saturday October 3 10:00 AM to 2:00 PM	28 th St. and Jefferson Ave. Downtown Farmers Market Newport News	Volunteered – Katherine Rahman VOLUNTEERS NEEDED: Vet Tech (1), Registration (4 or 6)
Seasonal Flu – Mass Vaccination Clinic	Thursday October 8 12:00 PM – 4:00 PM	Hampton University 136 Marshal Ave Hampton	VOLUNTEERS NEEDED: RN's and/or LPN's, Admin (12)
Seasonal Flu – Mass Vaccination Clinic	Friday October 9 12:00 PM – 4:00 PM	Hampton University 136 Marshal Ave Hampton	VOLUNTEERS NEEDED: RN's and/or LPN's, Admin (12)
Greater Bethlehem Christian Academy	Saturday October 10 12:00 PM to 6:00 PM	360 Ivy Home Rd. Hampton	VOLUNTEERS NEEDED: RN's and/or LPN's (2)
<i>BP Screening and Health Info</i>	<i>Wednesday October 14 11:00 AM to 2:00 PM</i>	<i>Yorktown/Rivermeade</i>	<i>Volunteered – Mary Loesch</i>
BP Screening and Health Info	Wednesday October 21 9:00 AM to 10:00 AM	Clean Comfort 328 30 th St. Newport News	VOLUNTEER NEEDED: LPN or RN (1) Monthly – 3 rd Wednesday
H1N1– Mass Vaccination Clinic	Tuesday October 27 8:00 AM – 4:00 PM	Hampton University 136 Marshal Ave Hampton	VOLUNTEERS NEEDED: RN's and/or LPN's, Admin (12)
BP Screening and Health Info	Wednesday October 28 2:00 PM to 3:30 PM	Warwick SRO Newport News	Volunteered – Brenda Sarno
H1N1– Mass Vaccination Clinic	Friday October 30 8:00 AM – 4:00 PM	Hampton University 136 Marshal Ave Hampton	VOLUNTEERS NEEDED: RN's and/or LPN's, Admin (12)
<i>BP Screening and Health Info</i>	<i>Wednesday November 4 11:00 AM to 2:00 PM</i>	<i>Berkley Village West 800 Daphia Cir Newport News</i>	<i>Volunteered – Mary Loesch</i>
H1N1– Mass Vaccination Clinic	Tuesday November 17 12:00 PM – 4:00 PM	Hampton University 136 Marshal Ave Hampton	VOLUNTEERS NEEDED: RN's and/or LPN's, Admin (12)
H1N1– Mass Vaccination Clinic	Thursday November 19 12:00 PM – 4:00 PM	Hampton University 136 Marshal Ave Hampton	VOLUNTEERS NEEDED: RN's and/or LPN's, Admin (12)
Clinical Quality Assurance Program	Ongoing now through January 30, 2010 Flexible schedule	PHD Chronic Disease Clinic	Volunteered – Leona Wisoker, Karole Williams VOLUNTEERS STILL NEEDED: Data Entry (1)

Contact Teresa Blakeslee at (757) 594-8045 or Teresa.Blakeslee@vdh.virginia.gov to volunteer

Emergency Preparedness & Response Exercises

Event	Date / Time	Location	Volunteers Duties Assigned
There are no scheduled EP & R Exercises for the month of October			

Volunteers Protecting the Health of the Peninsula

**Very special thanks to the following PMRC volunteers
who worked in August:**

Blood Pressure Screenings and Health Information sharing in underserved areas:

Pat Wharry, and Carolyn Conley for providing blood pressure screenings and/or health information at
Community Housing Partner sites and special outreach events.
A total of 27 BP's and 3.5 hours.

PMRC monthly office support:

Fran Doyle, and Barbara Smith for helping out with office support to help keep everything straight!
A total of 33.5 office support hours.

Seasonal Flu '09 Phone Bank September 8 thru September 29:

Dwaine and Marie Harrell, Chuck and Pat Olson, Barbara Smith, Bonnie Kresky, Jeni Newton, Joan
Sparrock, Carol Perenzin, and Winnie Bennett
A total of 68 volunteer hours.

Seasonal Flu '09 Mass Vaccination Clinics – Hampton Health Dept September 21 and 25:

Pat Wharry, Nina Derby, and Beth Hughes
A total of 13.25 volunteer hours

**Seasonal Flu '09 Mass Vaccination Clinic – Emergency Preparedness and Response Exercise
Peninsula Health Center September 30:**

Dwaine, Marie, and Christopher Harrell, Barbara Smith, Winnie Bennett, Nina Derby,
Carol Perenzin, Pat Wharry, Carolyn Conley, Bonnie Kresky, and Joan Rolls

Great teamwork!

A total of 57 volunteer hours

Watch for Seasonal Flu '09 events splash page in the November newsletter!

H1N1 Training – September Schedule – POD, Preparedness, Psychological First Aid

Sheryl and Ben Burrell, Rich and Marguerite Garfield, Katherine Rahman, Bonnie Kresky, Barbara Smith,
Ray Whitney, Lester Dubnick, Janet Kosidlak, Dan and Brenda Sarno, Karole Williams, Faith Staples, Nina
Derby, Beth Hughes, Jeni Newton, Carol Perenzin, Joan Rolls, Carolyn Conley, Beth Sigler,
and Elizabeth Puckett

How awesome to see some new faces!!

A total of 61.5 H1N1 Training hours

Total of 236.75 volunteer hours! Many hands make light work!!

***Thank you to each of you for your work as a PMRC volunteer.
PMRC relies on your dedication and your commitment to its mission.***



*We like to recognize our volunteers and we need to report our accomplishments
to the State; please remember to submit your hours worked.*

*In order to receive credit and have your training and volunteer hours properly
recorded and accounted for (an MRC requirement), please sign up for PenMRC
training, outreach, etc. through the PenMRC office unless otherwise noted.*

*We have lots of outreach and training opportunities available to keep volunteers
engaged; please sign up.*

Contact Information

Peninsula Medical Reserve Corps
Peninsula Health Center
416 J Clyde Morris Blvd.
Newport News, VA 23601
Main: 757-594-8045
Fax: 757-594-8612

Please bookmark these sites:

PenMRC Website: <http://www.vdh.virginia.gov/mrc/peninsulamrc/index.htm>

VVHS: <https://vms.vdh.virginia.gov/vms/default.jsp?main=reg>

TRAINVirginia: <http://va.train.org>

Teresa D. Blakeslee
Peninsula MRC Coordinator/Volunteer Management
Teresa.Blakeslee@vdh.virginia.gov
Direct: 757-594-7811
Cell: 757-570-2918

Helen T. Madden, Ph.D.
Peninsula MRC Coordinator/Programs & Exercises
Helen.Madden@vdh.virginia.gov
Cell: 757-268-8712

Receiving this newsletter via USPS?
Please update your email address by logging in
to VVHS or by calling 594-8045 or emailing
Teresa.Blakeslee@vdh.virginia.gov
Critical Email Alerts depend on this information.

Volunteers: Call to Action!!

**The Peninsula Health Center needs your
help with the H1N1 Mass Vaccination
Campaign in our schools.
See page 3 for more details.**



416 J. Clyde Morris Blvd
Newport News, VA 23601

On the web at: <http://www.vdh.virginia.gov/mrc/peninsulamrc/index.htm>

Newsletter Editor: Teresa Blakeslee, PenMRC Coordinator/Volunteer Management

Volunteers Protecting the Health of the Peninsula